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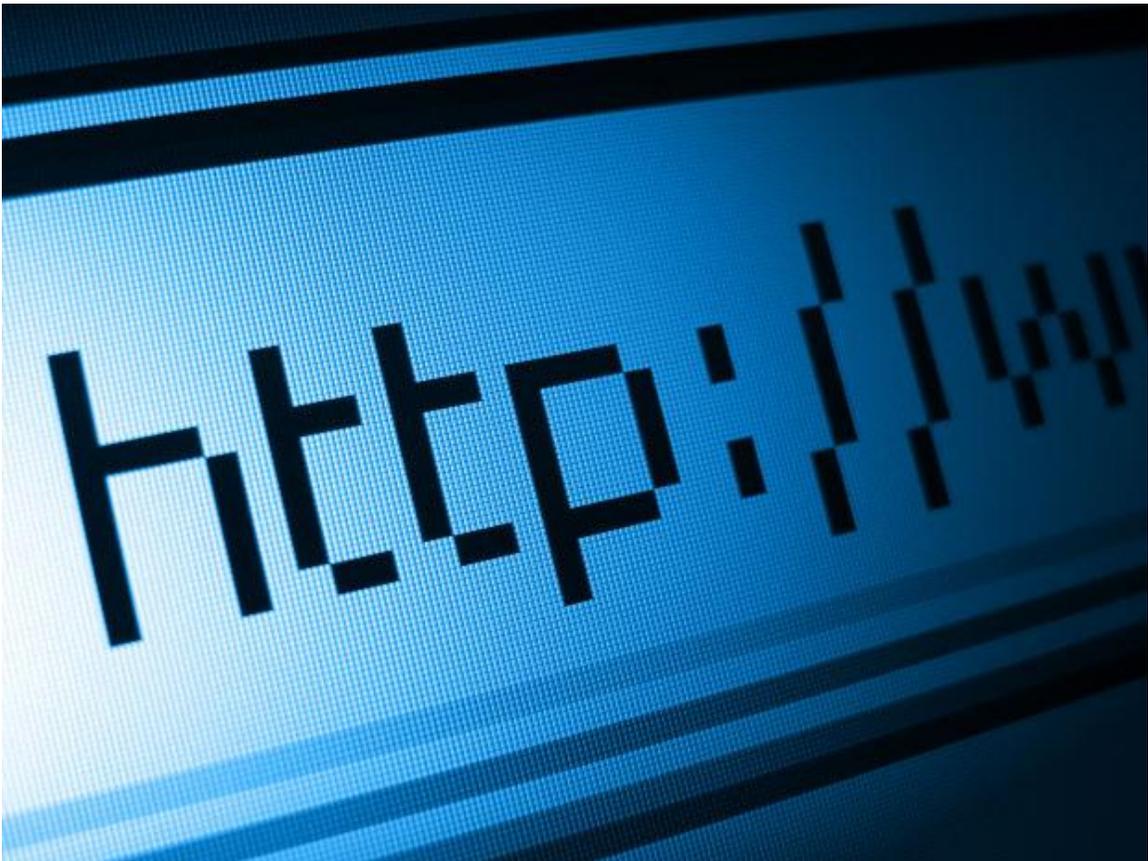
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# Foreword

Online dating is a great way to begin dating if you are someone who is generally shy or not able to go out much due to work. If you are doing 8 hours or more a day, you'll want to consider dating online. It is safer than dating in person and by dating online, you'll know what to expect



## ***Dating Site Secrets***

Entering The World Of Online Dating

# Chapter 1:

## *Dating Online Basics*

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### Synopsis

Before ever meeting with a date, it is a good idea to talk with them online for awhile. This will allow you to know a few things about them before the two of you meet. Remember, a total "blind date" isn't such a good idea so make sure you set aside some time for them.



## **Dating Basics**

Online dating is wonderful for those of you who like to chat through e-mail or even send texts. If you are comfortable to take it to the next level, you can begin with a phone call. Let your date know what times you are available and always keep in touch. Online dating basics are important for those of you who have not been on a date in a while. You may have been focusing on building a wall around yourself for the past few years after a recent breakup. If this is so, it is time to get out! If you are uneasy or feel uncomfortable going on a blind date, try to talk to your date first. This can be through text or just simply online messaging. We recommend starting out as friends as this won't put a lot of pressure on you and it certainly won't feel like a real date.

If you plan on dating a few different people at once, there are a few rules to online dating. For example, it's a good idea to always follow up after a date. Send them a polite text or just call a few days after to let them know you had a great time. However, it is not a good idea to chase anyone. By having many people around you to chose from, you won't feel like you need to chase. You'll have more dates asking for another date from you instead of the other way around. This way you can weed out those who are not truly interested in you and find someone who is good for you. Obviously, you don't want to get too attached to a certain person and end up having your heart broken.

This is why it's important to "shop around" if you know what we mean. By looking at each date and asking yourself questions about

them, you are seeing if they are a good match for you. For example - do they like the same activities as you? It is best to be with someone who eats the same food as you, likes the activities you enjoy, and their life habits should be similar. Opposites do attract but it will make the relationship easier if the two of you are alike.



## Chapter 2:

### *Be Aware Of People That Are Not Truthful*

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## Synopsis

Although online dating can be a smooth outlet between the real world dating, there are still people you need to be aware of that are not truthful. Not everyone tells the truth. You might meet a woman who is already married and unhappy in her relationship. She may even tell you she's single, but in reality - she's not.



## **Be Cautious**

For women, it is important to be careful with who you are going out with. Always do a background check before confirming the date. There are many men out there that do not have good morals and you want to pick only from the best. You want a man with a strong sense of morals and knows right from wrong. Don't settle for anyone less. If you are a good person, you deserve someone who is just as good as you are.

How can you tell when someone is lying? This is fairly easy if you know how to pick up the body language of people. They'll often lie by covering their mouth with a hand, inching away from you or giving an odd smirk when you ask them something personal. A tell tale sign of lying is their eye movement. If you ask them something specific, they might look away from you shyly or even turn their whole body. This is a basic human reaction. It almost seems as if they look guilty while answering so be aware of this.

It is best to not take every relationship seriously since there are many people who lie. Think of it as the "dating game" and you are only there to find out who is sincere when it comes to dating you. With this approach, you will never become disappointed in someone so always expect the worst before you look into their positive traits. By guarding yourself, you will be able to find people who are truthful and not out to hurt you or make you feel like you don't have feelings.

Some people will lie about their history while others will tell small white lies when it comes to asking you about advice. Everyone lies every now and then but if they are lying about who they live with, where they come from, or even their race - these are some red flags. This shows they are not secure with who they are. Men tend to lie about their jobs and when some men say they don't have a job, a woman will look down on them. However, all woman are not like this. Some prefer a working man while others would like a man to be at home all the time to raise children. This is normal in today's society so if you suspect they are lying about their job or anything minor - let them know it's okay to tell the truth and you are not there to judge them. Everyone has been through financial issues in their life. Make sure you don't hound someone for telling a white lie. Many people will use white lies because they are too soft to tell the truth. They believe it may hurt the other person and they are looking out for your feelings before anything else. Don't give them a hard time for this because they are honestly trying to protect you.



# Chapter 3:

## *Understand Your Comfort Zone*

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### Synopsis

Your comfort zone should always be held high in a relationship or dating situation. If you reach your comfort zone, never go past it as this can worsen the situation. For example, if your date is making you feel uncomfortable by some of the questions they are asking - politely tell them that you feel uneasy and do not want to make a discussion out of it. Most of the time, people will understand you. If your date doesn't realize they are being inappropriate, they may have not dated before or aren't socially inclined. It doesn't mean they are trying to belittle you or make you feel uneasy.



## **Respect Boundaries**

Being in control will make you feel less anxiety and this is why you need to understand your comfort zone. You don't want to date a man who pushes you around and makes you do things you wouldn't enjoy. Also, you are not trying to change yourself unless it is for a positive cause. There are other people in the world you will meet who will try to change you and if so, just ignore it. Let them know that you are not willing to change for them. Now, if they are trying to change a few bad habits of yours like smoking, being irresponsible, or even drinking - they are doing the right thing. If it is for a good cause, try to work with them. It may be slightly out of your comfort zone but even if so - it's for your future.

Is your date doing something that aggravates you and because of this, you feel extremely uncomfortable? For example, if the two of you are eating at a fancy restaurant and your date is chewing with his mouth open while swearing and laughing, you may feel many eyes on you. Everyone is looking at the loud guy and the woman who is with him. Simply tell your date to quiet down or jokingly hint that people are looking at the two of you. Most men will get the hint. Others need a firm push to let them know it's not okay. Always inform them that if they do not stop, you are going to leave the table and go home. The best thing about this is that if he does change for you, this is a sign he truly respects you and is interested in being with you.

All comfort zones should be respected and never ignored. Make sure that the person you are seeing is somewhat sensitive and intuitive when it comes to the other person. If they are like this, they will be sure not to stand too close to you or raise their voice to you. Some woman and men have a habit of talking loud because that is how they are raised. People who are generally very quiet will seem squeamish around them since they are not used to the idea of talking through shouting. This is because they are out of their comfort zone since they have not grown up around this sort of environment. This is also true for people in other countries or who have different cultural backgrounds.



# Chapter 4:

## *Understand Your Reasons Behind Online Dating*

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### Synopsis

In order to understand your reasons behind online dating, you'll need to know why you want to take the "online dating" approach. If you are fed up with stammering while asking a woman to go out with you, it is best to take the online dating approach. This is probably why you decided this in the first place. You can talk to her about some of your issues but try to appear confident. Most women will understand and try to help you if they are a true friend.



## **Know Your Reasons**

Are you taking the online dating approach because you have too much work to do and not enough time to mingle at bars or work events? If so, this is a great idea. You can always schedule dates anytime you'd like, according to you and your date's schedule. The only difficult thing about this is finding someone who will be available for you at the times you need. You certainly can't take a day off just to go on a date. For someone that works a lot, you are very responsible and need to pay the bills on time so work always comes first. However, if you are missing that special someone in your life, you feel as if life is without a purpose. If you aren't sharing your life with someone, it doesn't feel right.

Another great reason to date online is to ensure your safety. By using your computer as a tool, you can get specific background information on the person you are dating. Also, you'll be able to coordinate a date at a safe location. It's a good idea to meet someone for the first time at a local mall or a crowded coffee shop. By doing this, you will stay safe and within the safe eye of the public. You never know who you could be dating. Some people have drug addictions that hide it well, while others have a long criminal history. Others have no history at all within the law but they may have mental issues that have not been addressed.

There are quite a few people who date online for the sole purpose of companionship and even intimacy. If you have been single for

awhile and would like to be intimate with someone, we don't suggest doing that on the first date. Wait a few dates to do this and make sure you are not emotionally attached to that person. Always be safe and use protection. You don't know the person well enough to see who their past partners were or other people they slept with. Developing an STD because of being promiscuous is your fault and if you want to prevent this from happening, you need to be more responsible. Take care of your body and always protect yourself. Some STD's can be treated but there are others that will stay with you throughout your whole life, leaving you feeling depressed and hopeless. Other times when people do not use protection, they face having to support a small child. This goes for both the man and the woman. As a woman, you naturally want to support your child because that is your baby. Some woman will give their child up while most keep the bay. Men are different when it comes to a child. Since they have not been with the child for months at a time, they do not develop a bond with them. Many men are shocked and can be disappointed when they hear they are the father of a baby. Others will simply look to their morals and decide it is important to stay with the mother in sake of the child. Most men who do that have either suffered from divorce of their own parents or were either abandoned by their own father/mother. It really depends on the person you are dating. Remember that using protection each and every time is important, so always bring a few extra condoms.

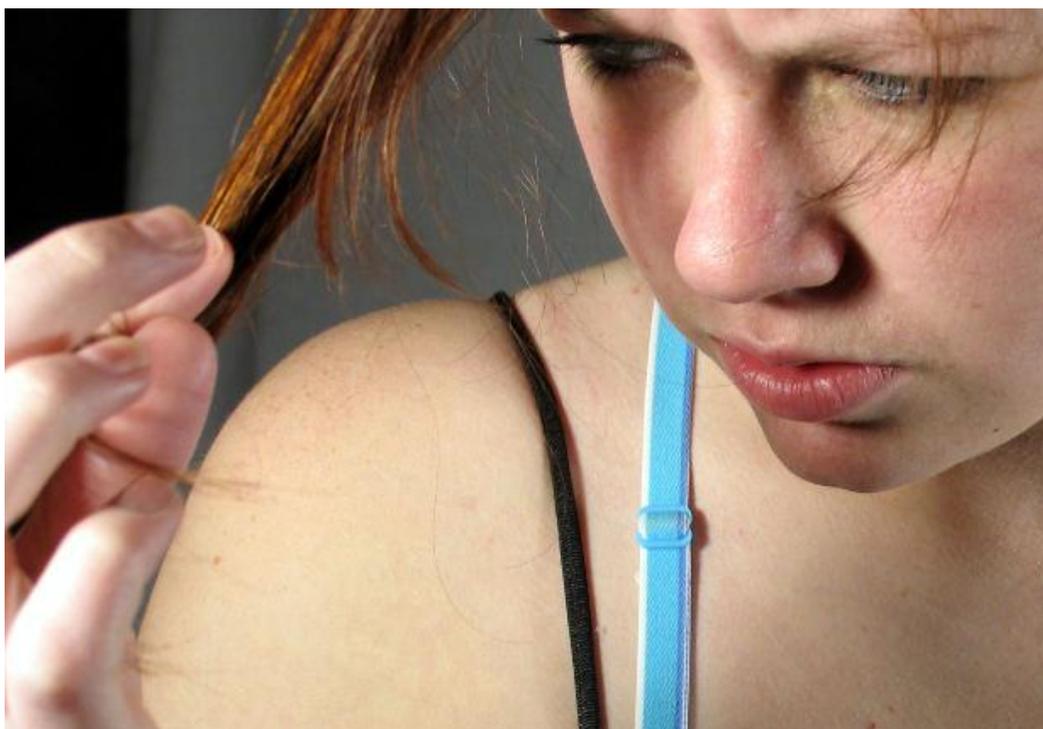
# Chapter 5:

## *Understand Your Expectations*

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### Synopsis

Having high expectations for someone isn't realistic. Your expectations should be based upon what you think is important. For example, it may aggravate you that your date shows up ten minutes late. On another occasion, you might not even be phased when they do something disrespectful toward you like making rude or sarcastic comments. You figure it's a part of their personality and you are used to this since your friends do this often. The expectations that should be met really depends on the type of person.



## **Setting Expectations**

Some people have high expectations when it comes to things like morals, religion and attitude. Others won't have high expectations and if you don't set up high expectations, there is a good chance your date will run you over. This means you are easily pushed or pressured into doing things you don't want. When someone is overly passive while the other one is dominating, it can cause turmoil in a developing relationship or even on the first date. Seek someone who has the same expectations you do and you'll be just fine.

You want someone who has the same mind frame as you. Even if the two of you were brought up in different cultures, it can still work. First, you need to examine their personality, habits, and their overall demeanor. If anything doesn't meet your expectations, it's a good idea to move on until you find someone who does. Don't settle for someone who isn't going to treat you right or someone who isn't going to agree with you very often. You are just setting yourself up for failure in a relationship.

Expectations will help you learn what it is exactly you want from your date or a potential relationship. By doing this, you will be in control of the relationship. Women who look into expectations often have a better outcome in the dating world. They'll find someone who is amazing and steals their heart away. Most of the men they are dealing with are good guys who are just looking for a soul mate. With expectations, you'll be able to cut off people from your life that are not

good for you and this is why we strongly suggest doing this. There are hundreds of single people out there in your own city, so make sure you focus on the people that are worth it.



# Chapter 6:

## *Learn To Be Realistic*

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### Synopsis

Being realistic is very important. Not everyone is willing to change or live up to your expectations. You need to know when to draw the line when it comes to reality. If you are looking for a man who is attractive, funny, rich, and sensitive - this is probably asking for too much. Instead, focus on two qualities of a man that you cherish the most.



## **Know What You Want**

If you think humor and romance is the top important elements within a relationship, then it is a good idea to seek men that are like this. You don't want to set yourself up for disappointment if ask for too much. Some people don't have realistic expectations and this is why they fail in their relationships.

Of course, we always nudge you to aim high when it comes to dating. Date someone who is realistic with their desires. By doing this, the two of you can communicate more effectively and discuss what you want in life.

The more communicative two people are about their realistic expectations, the better the relationship will be. By being realistic, you will know just what to expect and won't have to worry about everything at once.

It is a good idea to start with someone who is honest and caring. Someone who is not interested in you will only use you for things like a ride, money, sex, or even boredom. There are many people out there like this so it is important to be careful to online dating.

If someone tells you online that they are a professional model, it is a good idea to heed with caution. If you don't notice many photos of them online and they barely have any modeling

photos posted, there is a good chance they are lying to you about who they really are. Be realistic and think about it. Taking a logical approach instead of listening to your heart is the best thing you can do for yourself.

Being realistic means knowing what it is that you really want in life. Why not write down some of your goals? We don't mean life goals but also dating goals as well. What are you looking for in a man or woman? Looking into these things are very important and will help you get ahead in the dating game. Everyone should know what exactly they want and this way they will be more focused on a developing relationship or either forget it all together. You won't have to keep going back and forth to make certain decisions either.



# Chapter 7:

## *Only Deal With Reputable Sites*

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### Synopsis

There are hundreds of sites online and tons of new dating sites available each month. You'll have the most success with reputable sites since they have tons of members. Instead of signing up for a few free sites and not getting quality dates - go for paid ones. This will show people who are serious about dating. Don't deal with sites that are fairly new unless they have a good rating. You want to be sure the site is safe to surf on first.



## **Try A Pay Site**

Unfortunately, some dating sites have free downloads which can add spyware or a virus on your computer. You want to stay free of this type of trouble by adding a few of the top dating websites online. The few we know about are Match.com, Singlesnet, and a few other places. You can easily purchase credits to message people or just sign up for a monthly plan. For a large discount with the dating site you are interested in, you can always purchase a few months ahead of time and this way you also don't have to worry about making payments each month. Everything is paid for in advance.

Most reputable sites have strong features such as private messaging, inbox e-mails, a chat or forum, and a way to search online. If you want to get to know the person you are talking to without having to snail mail, you can always invite them to a chat. Keep it this way for awhile before going on a date. You'll be more comfortable during the date since you know what is expected.

Paid sites are regularly maintained because they have money flowing in and you are less likely to experience bugs. Also, there is a customer support team you can reach. The paid sites even allow you to block or allow certain members, depending on their age and other factors. This is one of the reasons why you should be using a paid site instead of a free one. They also won't use your e-mail address and sell it to other companies. A lot of free dating sites do this and you'll end up

with hundreds of spam e-mails. A paid site has a strict policy where your information cannot be given out or sold.

Make sure you take advantage of the top 10 paid dating websites. Check out their ratings before signing up. Once you pay the fee, you can get all the wonderful features. It usually takes 24 hours to add a profile picture but the moderator will have to approve it. Sites will not accept any type of porn or spamming so please do not even try.



# Chapter 8:

## *Never Give Out Too Much Personal Info At First*

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### Synopsis

Giving out too much personal information at first can be overwhelming for your date. Also, if they know too much too soon, that will leave you without any mystery. Creating mystery in the beginning of a relationship will spark a person's interest about you. Telling them where you work, what you do at home, your full schedule, and practically your whole life story will leave them feeling intimidated. Your date will automatically wonder if you expect them to give out as much information as you did, leaving them confused.



## **Know What To Share**

It is good to share a few things while out on a date but you should talk about current topics instead of discussing the past or future. Stay in the moment instead of focusing on different issues of your life and sharing them with a complete stranger, especially on the first date. By giving out way too much information - you won't be able to share things gradually. You should enjoy yourself on the second and third date instead of running out of things to tell them, since you've already shared your whole life story. This is called rushing the relationship and you don't want to intimidate your date.

Instead of doing this, why not give them bits and pieces about you? Don't give them the whole story, just tell them a little bit and if they ask questions - they want to learn more. If they don't ask questions, they are probably not interested in what you have to say. Now, it doesn't mean your date isn't interested in you as a person but it may be that you are giving away too much.

If you want to develop a relationship with this person, take it slowly. Only give them extra details when you ask. It's like a professor at class who gives way too much material. You are most likely to forget what the person said if you are overwhelmed. By giving them a few things about you, they will be more likely to remember these things. It could be simple topics such as when your birthday is, your sign, or a funny story at work that you told.

# Chapter 9:

## *Meet In A Public Place For The 1st Date*

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### Synopsis

Meeting in a public place for the 1st date is very important. You never want to meet them at their home, in a secluded area, at a hotel, in an empty street, or in the car. These are the worst places to meet with your date. You should already know there are many bad people out there who are looking to take advantage of others. Crime rates are going up these days, despite our law enforcement stepping up to help innocent people.



## **Safety First**

You could easily put yourself in a situation where you could face being robbed or even raped. Practically anyone can sign up on a computer to create a dating profile online. They don't even need to have their own computer. Some people will visit libraries and go on there to access dating websites or just use their friends laptop.

This is why it's very important to meet in person at a local restaurant or just go to the nearest mall. We aren't talking about meeting outside or at the back of the mall in a parking lot. You need to be inside when meeting. If you have friends and just want to be safe, why not suggest a double date? Group activities are very fun and the two of you will have a good time. Also, by going in a group - all of you will be safe.

There was a recent incident in the news where one lady had met up with a man she was talking to for a month. They decided to meet in front of his house but this wasn't his house at all. It was an abandoned place that was being rented out. Before she even had time to leave, the man had opened her car and demanded her money at gun point. When the woman refused, she was stabbed several times and thrown out of the car.

Incidents like this are very rare but there are times you may come close to dating someone who doesn't have morals or you could very well be talking to a serial killer. This is why you want to meet in a crowded place or inside a restaurant at least. If the employees notice

anyone in danger, they'll phone the police right away. After all, they want to protect the people in their place of business.

Some dates are highly aggressive and you can see warning flags while you are on the date. We suggest that before you keep going with the date, to leave immediately. Let them know you have a family emergency and tell them you'll talk to them again later. You want to leave as quickly as possible without being confronted. Later, you can let them know the real reason why you left and ignore them. This may seem harsh, but you want to watch out for people who will take advantage of you emotionally, physically, or financially.

The best places to meet are at large market places, right inside the mall, at a Starbucks building, at a fair, inside a busy restaurant, or at a beach boardwalk where there are many people. When searching for a place to meet, make sure the area is crowded. If you chose a place that is remote, you could very well set yourself up for disaster so we strongly urge you to do this.



# Chapter 10:

## *Understand The Risks*

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### Synopsis

There are many risks when it comes to dating. In fact, many of you have probably given up with the dating game. People don't say who they really are and will often hide their bad side. Others aren't as interested as you thought they were, after you were thinking they would be the perfect boyfriend or girlfriend. In another instance, you could be dating someone who had long criminal background and recently found out.



## **Protect Yourself**

Here are some of the risks you need to understand when you are in the dating game:

### **Risk #1 - Facing Liars**

There are many people who lie about the most simple things. When you are dating, you will meet plenty of people who will lie to you. You can ask if they are married all you want and the only answer they'll give you is no, while their wife is waiting for them to get home. You always wondered why they seemed in a hurry. Maybe you are dating someone who isn't truthful about what they do at their job. They may feel ashamed and alter their story but it is somewhat similar to their job experience. Other lies may include answers regarding their personality and how they act towards others. You want to be with someone who is kind to everyone and although she might seem like a nice girl, behind closed doors she is not. She is one of those woman who constantly screams at employees, her own family, and even her kids. Imagine if you were with her in a relationship. You could ask her if she has anger problems and she'll bat her lashes and just say no. By the time you are with her, it will be too late. Stay away from people who lie. You can usually tell with a few red flags and those are your warning signs so pay attention to them.

## **Risk #2 - Becoming Hurt**

Becoming hurt in a relationship or on a date is just a part of the dating game. You need to hold your head and be strong, no matter what happens. For example, if you recently got all dressed up for your date and know you look beautiful - you'll want to go out right away. You are excited to meet your date and have no idea how it will go. However, when you are on the date you don't get any compliments. In fact, the guy who was interested in you is now a totally different person. He calmly explains that you are not his type and he isn't interested in dating you. You can't believe how upfront this man is and you are absolutely shocked, with a hint of sadness beneath the surface. Once you get home, you think twice about going out with anyone again. Obviously, you are disappointed and hurt at the same time. There are many instances where someone can hurt you while dating or even being in a new relationship. This is why you shouldn't expect so much.

## **Risk #3 – Danger**

As we discussed before, you should never be alone with a new date. Develop their trust over time. After the first five dates, it is perfectly fine to be alone. You want to get a vibe for their personality, habits, and the way they act around others. You can avoid danger by taking it slowly.

# Wrapping Up

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There is no reason for you to continue living life by yourself. Somewhere out in this world is match for you so why would you want to rob yourself of this blessing. Even if you are shy or have been hurt before, if you follow the tips written in the book you just read you are sure to have positive results when it comes to internet dating. Stop sitting around feeling sorry for yourself and find your soul mate!

